



VOLUNTEERING

Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering programme of your own!

For each idea, there is a useful document giving you guidance on how to do it, which you can find under the category finder on www.DofE.org/volunteering

It's your choice...

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Help with planning

You can use the handy programme planner on the website to work with your Leader to plan your activity.

HELPING PEOPLE:

Helping children
Helping older people
Helping people in need
Helping people with special needs
Youth work

COMMUNITY ACTION AND RAISING AWARENESS:

Changemakers
Drug and Peer Education
Home accident prevention
Personal safety
Road safety

COACHING, TEACHING AND LEADERSHIP:

Air Training Corps
Army Cadet Force
Award Leadership
Boys' Brigade
Campaigners
CCF
Church Lads and Girls
Dance Leadership
Girlguiding UK
Girls' Brigade
Girls' Venture Corps
Outdoor Leadership
Scout Association
Sea Cadets
Sports Leadership
St John Ambulance Leadership

WORKING WITH THE ENVIRONMENT OR ANIMALS:

Animal Welfare
Environment

HELPING A CHARITY OR COMMUNITY ORGANISATION:

BCU Lifeguards
Fundraising
Faith communities
Mountain Rescue
Religious Education
Religious Education - Jewish
SOS Kit Aid
Surf Lifesaving

Visit

www.DofE.org/volunteering
for more guidance, information,
programme planners and programme ideas.